

Action Verbs: What Are They?

Action verbs show
what someone does!
They bring sentences
to life! ♥



1 Quick Summary

Action verbs are words that show a physical action or a mental action performed by the subject. They tell us what someone or something does.

Examples:

- She **runs** in the park. (physical action)
- He **thinks** about the answer. (mental action)
- They **create** a new idea. (mental action)
- I **write** a story. (physical action)



2 Memory Trick

If you can **physically do** it or **picture it** happening in your mind, it's an **action verb**!



3 Common Action Verbs

Here are some common action verbs.
They show what someone or something does.

run He runs fast.	read She reads a book.	write He writes a story.	jump She jumps high.	eat He eats an apple.	drink She drinks water.	sleep He sleeps early.
dance She dances happily.	play He plays soccer.	sing She sings a song.	think He thinks carefully.	draw She draws a picture.	build He builds a tower.	cook She cooks dinner.

4 Why It Matters

- ✓ Action verbs make our sentences **clear** and **interesting**.
- ✓ They show what is happening.
- ✓ They help us share ideas, tell stories, and describe activities.
- ✓ Without action verbs, sentences can sound **boring** and **incomplete**.

Action verbs
bring your
sentences to life!
They make your
English stronger
and more fun! ♥



Physical vs. Mental Actions

Action verbs can show things we do with our body or things we do in our mind! ♥

Think
Explore
Learn
Grow ♥

1 Physical Action Verbs

Physical action verbs show actions you can **see** and **do with your body**. These are real, physical movements.

run



jump



swim



write



kick



dance



eat



throw



2 Mental Action Verbs

Mental action verbs show actions that happen **inside your mind**. You cannot see them, but you can think, feel, or know them.

think



wonder



imagine



remember



believe



know



understand



decide



3 Real-Life Examples

Look at the difference between physical and mental action verbs in full sentences.

Physical Action Verbs (You can see the action)

- 1 She **kicks** the ball.
- 2 He **swims** in the pool.
- 3 They **dance** at the party.
- 4 I **write** in my notebook.
- 5 The dog **runs** in the park.



Mental Action Verbs (It happens in the mind)

- 1 She **thinks** about the answer.
- 2 He **wonders** what will happen.
- 3 I **imagine** a big house.
- 4 They **remember** their trip.
- 5 She **understands** the lesson.



4 Common Mistakes

✗ She is **happy**.

happy is an adjective (describing word), not an action verb.



✗ The food is **delicious**.

delicious is an adjective (describing word), not an action verb.



✗ He is **quiet**.

quiet is an adjective (describing word), not an action verb.



Be careful! Sometimes action verbs are confused with describing words (adjectives).

Use an action verb instead:

- ✓ She **smiles**.
- ✓ We **eat** the food.
- ✓ He **listens**.



Action verbs show what someone does. Adjectives describe how something is.



Practice
Activities:
Part 1Let's Practice
Action Verbs!
You've Got This! ♥Practice
Makes
Progress
♥

1 Find the Action Verb

Underline the action verb in each sentence.

1 The bird **flies** high.2 She **reads** a book.3 They **play** soccer.4 He **jumps** over the log.5 The cat **sleeps** on the bed.6 We **eat** lunch together.7 My mom **cooks** dinner.8 The dog **runs** in the park.9 I **write** in my notebook.10 She **sings** a song.

2 Physical or Mental?

Choose whether the action verb shows a physical action
(you can see it) or a mental action (it happens in the mind).

1 think

☐ Physical☐ Mental

2 run

☐ Physical☐ Mental

3 imagine

☐ Physical☐ Mental

4 draw

☐ Physical☐ Mental

5 remember

☐ Physical☐ Mental

6 eat

☐ Physical☐ Mental

7 wonder

☐ Physical☐ Mental

8 kick

☐ Physical☐ Mental

9 decide

☐ Physical☐ Mental

10 read

☐ Physical☐ Mental

3 Match the Action

Match each person or animal in Column A with the correct
action verb in Column B.

Column A (Person or Animal)

Column B (Action Verb)

1 fish



●

2 bird



●

3 dog



●

4 student



●

5 baby



●

A fly

B crawl

C swim

D study

E run

Match
&
Learn!
♥

Think

Do

Grow



Practice
Activities:
Part 2Keep Practicing!
You're Doing
Great! ♥

4 Fill in the Blank



Choose the correct action verb from the word bank to complete each sentence. Use each word only once.

run read cook jump swim sing draw play write dance

1 She _____ a song.



2 He _____ a book.



3 They _____ soccer.



4 I _____ a picture.



5 The dog _____ in the park.



6 We _____ in the pool.



7 She _____ dinner.



8 He _____ very fast.



9 They _____ a dance.



10 I _____ a story.



5 Spot the Non-Action Word

In each row, one word is NOT an action verb.
Circle the word that is not an action verb.

1 run happy jump swim

2 think red imagine remember

3 play quickly dance sing

4 write pencil read draw

5 eat tasty drink cook

6 fly blue crawl climb

7 study friend learn answer

8 watch today listen speak

9 help kind clean build

10 move slowly walk carry

6 Write Your Own Sentence

Use a different action verb for each sentence.
Try to be creative!1 Write a sentence using an action verb
about something you like to do.

2 Write a sentence using an action verb
about something that happens at school or home.



Great job!
Let's see how you did
and find out what's next
on your English learning
journey! ♥



Answer Key

Here are the correct answers for your practice activities from Pages 3 and 4.

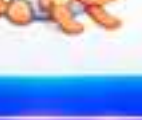
1 Find the Action Verb (Page 3)

- | | |
|----------|----------|
| 1 flies | 6 eat |
| 2 reads | 7 cooks |
| 3 play | 8 runs |
| 4 jumps | 9 write |
| 5 sleeps | 10 sings |

2 Physical or Mental? (Page 3)

- | | |
|---------------------|--------------------|
| 1 think - Mental | 6 eat - Physical |
| 2 run - Physical | 7 wonder - Mental |
| 3 imagine - Mental | 8 kick - Physical |
| 4 draw - Physical | 9 decide - Mental |
| 5 remember - Mental | 10 read - Physical |

3 Match the Action (Page 3)

- | | | |
|-----------|---|-------|
| 1 fish |  | swim |
| 2 bird |  | fly |
| 3 dog |  | run |
| 4 student |  | study |
| 5 baby |  | crawl |

4 Fill in the Blank (Page 4)

- | | |
|---------|----------|
| 1 sings | 6 swim |
| 2 reads | 7 cooks |
| 3 play | 8 drives |
| 4 draw | 9 dance |
| 5 runs | 10 write |

5 Spot the Non-Action Word (Page 4)

- | | |
|-----------|-----------|
| 1 happy | 6 blue |
| 2 red | 7 friend |
| 3 quickly | 8 today |
| 4 pencil | 9 kind |
| 5 tasty | 10 slowly |

6 Write Your Own Sentence (Page 4)

Answers may vary. Here are sample answers:

- I **play** the guitar.
I **read** books.
- I **help** my mom at home.
I **draw** a picture.

Key Takeaways

- ✓ **Action verbs** show what someone or something **does**.
- ✓ They can show **physical actions** (like run, jump, or write).
- ✓ They can also show **mental actions** (like **think**, **imagine**, or **remember**).
- ✓ Action verbs make our sentences **dynamic**, **clear**, and **interesting**.
- ✓ Without action verbs, sentences can sound **boring** or **incomplete**.

What's Next?

Your next lesson is:

Adjectives >

In the next lesson, you'll learn:

- ✓ What **adjectives** are.
- ✓ How adjectives describe nouns and pronouns.
- ✓ Lots of easy examples with pictures.
- ✓ Fun practice activities to use adjectives in your own sentences.



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My Learning Progress

- ☐ I have read the lesson.
- ☐ I have completed the practice activities.
- ☐ I have checked my answers.
- ☐ I am ready for the next lesson!



"Small steps. Big progress." ♥